

## Garden State / Rincon Jiu Jitsu Retreats

with Rincon Jiu Jitsu

Rincon, Rincón, Puerto Rico

View booking and trip details here

## Trip Overview



Your host Rincon Jiu Jitsu Nov 8 - Nov 13, 2023
Group size: 1-25
Rincon, Rincón, Puerto Rico

#### About this trip

Rincon Jiu Jitsu and Gardenstate BJJ are teaming up to create a trip of a lifetime! This trip will certainly be an experience that you will never forget ! It will be a a combination of some great training as well as an opportunity to explore the beautiful island of Puerto Rico!

#### PROMOCODES

EARLYBIRD -\$100 (First 5 booking only paid in full)

\*\*\*The itinerary is a good outline of what our schedule will be like. However, activities and times are subject to slightly change due to things out of our control such as weather, water conditions, etc.\*\*\*

SUGGESTED FLIGHTS FROM NYC United Airlines Wed 11/8 (7:54pm)EWR-----(12:51am) BQN United Airlines Mon 11/13 (1:54am)BQN-----(4:59am) EWR

#### **Refund Policy**

75% refund if cancelled before 9/8 50% refund if cancelled before 10/8

## Trip Overview

#### What's included

Villa Cofressi	Each room has 2 queen size beds and a kitchen. Hotel is on the beach and directly across the street from the training facility.
Transportation	All transportation to and from the hotel as well as all activities and excursions through out your stay. (must coordinate flights with pick up and drop off times to and from the airport)
I surf board rental	1 Surf board rental and 1 small group private lesson
🕑 Gozalandia Falls	Trip to the beautiful Waterfalls
Boat Trip to La Parguera	We will explore the mangroves in the Caribbean. A typical Puerto Rican lunch will be provided. Including pollo al carbon, yuca, and arroz y gundules
✓ Pig roast	Traditional Puerto Rican pig roast with sunset open mat and ice bath
🥑 Jiu Jitsu Training	Daily Jiu Jitsu classes taught by hight level black belt instructors.
S Flight	

## Packages & Options

#### Available packages

Trip Price	\$1300
Available until Sep 08, 2023	Deposit: \$300
Available options	
Private room	\$300
Coming with spouse who isn't training	\$1000

## Itinerary

#### Wednesday Travel and Rest

Everyone will be expected to get to the Newark Airport at 5:45p for your 7:54pm flight. You will land in Aguadilla airport at 12:51am where the van will be there to pick you up and take you to the hotel. the ride is only about 30 minutes. You should be checked into the hotel and ready for bed by 2pm. Its recommended you go right to sleep so you are ready for our first surf session in the morning!



#### Thursday Surfing/Art walk

Start the day off the trip with an 8am surf session. Then a late breakfast and an afternoon training session around 1:00pm. I suggest everyone take a siesta and then we will go into town around 6-7pm to grab dinner and explore the art walk where there are lots of local vendors selling cool pieces usually accompanied by some live music at local brewery in the center of town.



#### Friday La Parguera

Opening the day with 9am Jiu Jitsu session before we head out to the beautiful beaches of La Parguera! Packing coolers of medalla beers and a traditional Puerto Rican lunch for everyone is included! serving medio pollo con aroz gondules y yuca. We will then rent boats and explore the mangroves and little islands in the Caribbean Sea. Just kick back and enjoy this amazing piece of heaven all day!

To finish this amazing day right, we all return back just in time to



## Itinerary

watch sunset at the hotel bar and restaruant.

La Parguera https://www.tripadvisor.com/Attraction\_Reviewg1593211-d148805-Reviews-La\_Parguera-Lajas\_Puerto\_Rico.html

#### Saturday Pig Roast

Opening the day with 9am optional Jiu Jitsu or surf session. You will then have a free afternoon to hang out and explore some beaches in RIncon. We will all get together between 4-5pm to a beach side property where we will host a sunset open mat and have a traditional Puerto Rican pig roast as well as optional ice bath.



#### Sunday Gozalandia Falls

Start the day off with a 9am optional Jiu Jitsu training or surf session, After morning training we all head to Gozalandia Waterfalls in San Sebestian where we will be cliff jumping, rope swinging, and cooling off in the natural springs! There is a great little restaurant with all Puerto Rican favorites and delicious parcha mojitos. We will return to Rincon later afternoon to watch sunset at the lighthouse and grab dinner before heading to the airport.



#### San Sebastian Waterfalls

https://www.tripadvisor.com/Tourismg609121-San\_Sebastian\_Puerto\_Rico-Vacations.html?fid=3b91ba1bf71c-46a2-8bbc-c30b3edcfd81

## Your organizer



#### Rincon Jiu Jitsu

★★★★★ 13 reviews

Rincon Jiu Jitsu is s a part of Legion Jiu Jitsu Association and located in the beautiful town of Rincón Puerto Rico. The gym is own and operated by Steven Barnett who is an IBJJF certified 1st degree black belt under the UFC veteran, Kurt Pellegrino and grappling legend, Marcelo Garcia. Head instructor Sean Locke who is a 4th degree "Brazilian Top Team" black belt has been running a Jiu Jitsu program in Rincón for nearly 5 years. We are thankful that you have chosen us to help guide you along your martial arts journey! Carretera 115 KM. 12.0, 💡 Vista Mar Plaza Unit 14, Rincon, Puerto Rico, United States

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Member of *Legion Jiu Jitsu Association* www.rinconjiujitsu.com



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